



Grass Roots Health Festival

Sat. May 8 11am till 6pm

Lectures & Classes:

Yoga, Water, Oils,
Herbs, Quantum Physics

Nutrition: Ayurvedic,
Gardening, Alternatives,
Herbs, Cooking

Readings: Astrology, Tarot
Psychics, Palmist

Participation By Donation

Community dinner 6pm

Bring your favorite dish

Healers and Vendors:

Call 741-2424 or 741-2283

FOR SCHEDULE CHECK WEBSITE:

WWW.ALAMEDASHOTSPRINGS.com

Hands on Healing Arts:

Massage, Acupuncture,
Herbology, Reflexology,
Kinesiology, Energetics,
Reiki, Aura

Vendors: Local Artisans
Plants, Oils, Fair Trade,
Treasures, Crystals

PUBLIC WELCOME!



Alamedas Hot Springs Retreat
308 N. Spring St. Hot Springs, MT